

# *Sour Cream Sorbet*

**Yield:** 1 qt

<b>Ingredients</b>	<b>lbs / oz</b>	<b>g / ml</b>
Half-and-half	8 fl oz	240 ml
Sour cream	1 pint	480 ml
Granulated sugar	12.5 oz	375 g
Lemon juice	1.5 fl oz	45 ml

## **Method:**

1. Combine all the ingredients. Place in the container of an ice cream machine and process according to the manufacturer's instructions.

Approximate values per 1-fl.-oz. (30-ml) serving: Calories 80, Total fat 4 g, Saturated fat 2.5 g, Cholesterol 10 mg, Sodium 10 mg, Total carbohydrates 12 g, Protein 1 g